



Sunbury Amateur Swimming Club

Term 4, 2018 Newsletter

President's Report - 2018 - Term 4

Hi all and welcome back to term 4.

A special welcome to new members, Mischa, Sonechka, Vinz, Zoe and Dylan who joined us last term. Welcome back to our returning swimmers who had time off due to injury, illness or just needing a break. Term 3 saw us swim our Short Course Championships and I'd like to congratulate all who participated. I'm so proud of the swimmers who competed for the first time. You swam like absolute champs. There were some huge PBs swum and four club records broken. Thank you to the parents who helped with time keeping and encouragement, it is much appreciated.

We're very pleased that Rhea Warrior has completed an AUSTSWIM course and is currently completing the practical side of the qualification both with our Club and with Kismet Aquatic. Well done Rhea!!

Our Bunnings BBQ was a big success and we managed to raise over \$1700. Thank you to all who volunteered their time and especially to Andrea and Paula who put in a huge amount of work.

Please note the early date, **30th of November**, of Short Course presentation this year. Please note also that there won't be training on the last 'School break up Friday'. Wednesday the 19th of December is your last Term swim. Fees have been adjusted accordingly.

The club will compete externally this term and Karen has chosen both Metro West and Country Competitions. We will distribute more information on this closer to the time. Please read the Coaches Corner for more on this.

The Club is expecting an influx of new members this term and Stuart Dodd will again join us to help with stroke correction. Stuart is an expert in stroke correction and Karen will on occasion send swimmers over for some technique adjustment as she sees fit. Please take advantage of Stuart's expertise.

We are back at Street Life on the 18th of November for exposure and a little fundraising. Please put your hand up if you're able to help out.

As always, the best advert for our club is you so please invite friends and family interested in swimming as either competitive swimmers, or just for the exercise.

Please remember our website which you can access more information on.

<http://www.sunburyswimmingclub.org.au/>

Like' our Facebook page and don't forget we're also on Team App for smart phone.

Thank you all,

Boulton O'Kelly
SASC President

Club Website

www.sunburyswimmingclub.org.au

Training Times

Tuesday 6.00-7.30am
Wednesday 6.30-8.00pm
Friday 7.00-8.30pm

contact us on

sunbury.amateur.swimclub@gmail.com

or

0491 127 413

Committee 2018/2019

Club President	Boulton O'Kelly
Secretary	Nevena Vujasinovic
Treasurer	Andrea Smajila
Registrar	Juliette O'Kelly
Race Secretary	Boulton O'Kelly
Uniforms	Paula Satchwell
Website Support	
Grievance Support	Linda Muratore
General Committee	Melinda Ejankowski Cheryle Jackson Caterina Muratore Daniel Spiteri Robyn Wilkins
Head Coach	Karen Garrard
Stroke Correction	Stuart Dodd
Training Coach	Rhea Warrior

2018/19 CLUB CAPTAINS

**Tihana Vujasinovic, Amber Smajila,
Stefan Vujasinovic, Julian Muratore**

COMPETITIONS/CLUB NIGHTS/MEETS

Boulton O'KELLY

Email:

sunbury.amateur.swimclub@gmail.com

Please Pay Fees by:

Bank deposit

Sunbury Amateur Swimming Club

Bank: Westpac

Account No.: 132 173

BSB: 033-118

Please place swimmer's name in transaction details

If you are unable to do online banking

Please make Cheque payable to

Sunbury Amateur Swimming Club

Post to

Sunbury Amateur Swimming Club Inc.

P.O. Box 400 Sunbury 3429

COMMITTEE MEETINGS:

Everyone Welcome

Next Meeting @ Club Rooms

Wednesday, 24th of Oct 2018

See Calendar on website for other meeting dates

2018 - State School Term Dates

Term 1 - 30th January - 29th March

Term 2 - 16th April - 29th June

Term 3 - 16th July - 21st September

Term 4 - 8th October - 21st December

Coaches Corner 2018 Term 4

Welcome back to the last term for the year. We welcome the change from Short Course, to the Long Course season.

I have had busy holidays with 2 weekends of Coaches Clinics, updating my skills and finding new meets for us to attend. Rhea has also been busy completing her Austswim, so she is also looking forward to putting her knowledge together with mine, to produce fun but awesome training for you all.

It will be another busy term; the challenge will be working in the pool/s and adjusting to the outside pool when it is warm enough.

This term, we will trial different lane structures to make training more adaptable and challenging for all, so please be patient and help captains, where you can.

There are many different swim meets on, run by other clubs, feel free to look at the ones the club suggests, or if you find one yourself, let me know, so I might be able to attend! (Swimming Victoria website)

See you in the pool; PLEASE bring water bottles, bathers, goggles, all equipment to every session.

Let's do this!!

Karen GARRARD

Head Coach - Sunbury Amateur Swimming Club

Fundraising

Reading Cinema Tickets: Please print the form on Page 6 Cut them up into coupons and place them on your fridge.

Whenever you go to the movies at Reading Cinema in Sunbury **PLEASE** hand in one of the coupons for each ticket purchased. For every 10 tickets we hand in the club will get 1 free movie ticket.

So PLEASE make sure you hand in the Coupons.

Short Course Presentation

Presentation night will be held on the **30th of November** this year. It is earlier than normal. Please add it to your calendars.

Meets

21/10 Metro West Meet
28/10 Doncaster Encouragement meet
11/11 Metro Junior Dolphins Meet
29/12 Road to Kardinia meet

Uniforms

Club Uniforms are compulsory. PLEASE see a committee member at pool deck for purchase of uniform

**Please note: Uniform Regulations Apply to competitions, external and normal club meets, Club bathers, club swimming cap and T-Shirt/Polo Shirt must be worn. Hoodies and Zip up Jackets are optional.*

The Price List together with the Order Form is available on the Clubs Website.

Please Note: Swimmers must come to training with Goggles, Flippers, Pull Buoy, Kickboards & a Drink Bottle. All Equipment must be labeled.

Club Registration 2018/2019

*Club Registration is an **annual** fee which contributes to the costs of Club administration, trophies and awards, lifeguards, coaching and pool hire costs. The Club Registration is due within one month of Joining, annually for existing members **EFFECTIVE: 1st July 2018 – 30th June.2019***

1st Child	\$65.00	2nd Child	\$55.00	3rd Child	\$45.00	4th Child	\$35.00
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Swimming Victoria Annual Registration 2018/2019

EFFECTIVE: 1st July 2018 – 30th June.2019 All members are required to pay an annual registration fee to our governing body, Swimming Victoria. (This includes insurance). All swimmers, coaches, committee members and officials must re- register each year in order to have current membership coverage so as not to be at risk. Unregistered swimmers are not permitted to compete in any sanctioned SVI meet. Swimmers can register as a competitive swimmer or a recreational swimmer. New swimmers can log onto the Swimming Victoria Website on <http://vic.swimming.org.au/>

Or call them direct on 9230 9400

Category	Description	Cost
Junior Recreational Swimmer (15 years and under)	Any member participating in Learn to Swim or squad training with an affiliated Club but do not compete in organised competitions outside the club structure (this is a member that gets in the water)	\$107.00
Junior Competitive Swimmer (15 years and under)	Any member who competes in organised competition within or outside club e.g. Interclub, district, state, national competitions)	\$120.00
Senior Recreational Swimmer (15 years and over)	Any member participating in Learn to Swim or squad training with an affiliated Club but do not compete in organised competitions outside the club structure (this is a member that gets in the water)	\$97.00
Senior Competitive Swimmer (15 years and over)	Any member who competes in organised competition within or outside club e.g. Interclub, district, state, national competitions)	\$107.00
Transfer	If Transferring from or to another club	\$ 42.00

Swimming Fees -2018 Term 4

FRIENDLY REMINDER

Fees are due the first week of term. PLEASE. You will receive an invoice shortly.

\$12 per session, paid as a term fee upfront. The number of weeks in a term is determined by the Victorian School term.

Families and multiple session swimmers please note the change in Club Fee structure. Fees are based on family sessions being swum and no longer on amount of children swimming. The first and second session for the week are charged at full price (\$12 per session) The third and every subsequent session, for that member or any other family member is charged at \$6 per session.

One session/week = \$12 - Two sessions/ week = \$24 - Three sessions/week = \$30 – Four sessions/week = \$36

If you are having any difficulties whatsoever PLEASE DO NOT HESITATE to contact a Committee Member.

The following are the dates for training and fees associated with dates for 2018 Term 4

Days	No of session in the term	COST FOR TERM
Tuesday 6:00am - 7: 30am	10	\$120
Wednesday 6:30pm - 8:00pm	11	\$132
Friday 7:00pm - 8:30pm	9	\$108

Please Note: If you cannot attend a lesson it is up to the individual to make up the lesson on an alternative swim day, within that term, and to advise the Committee member taking attendance and the coach, that it is a makeup lesson. No fees are refunded for days missed.

Payments can be made payable directly to the clubs account as per page 1 of this newsletter.

Please note the swimmer's surname and Description in the transaction details, so we can identify the person who made the payment. E.g. JONES T-LCT1 = Tom JONES-Long Course. Term1

JONES T-FeesT1= Term 1 Fees, for Tom Jones UF = Uniform etc

A follow up email to the treasurer would be appreciated if you are able to do so.(to the clubs Gmail please)

*A receipt can be forwarded **at your request.***

If you cannot pay Direct or by Cheque... a committee member will be available for cash payments and any other queries you may have on most Wednesday or Friday Evenings at the beginning of the session.

An email to the committee will insure that a committee member is available.



TERM 4 - 2018 CLUB TRAINING & EVENTS CALENDAR

Wk	M	Tuesday	Wednesday	Th	Friday	Sat	Sunday
1		9th October 6.00 - 7.30am Training	10th October 6:30 - 8:00pm Training		12th October 7.00 - 8:30pm Training		
2		16th October 6.00 - 7.30am Training	17th October 6:30 - 8:00pm Training		19th October 7.00 - 8:30pm Training		21st October Metro West Meet
3		23rd October 6.00 - 7.30am Training	24th October 6:30 - 8:00pm Training Committee Meeting		27th October 7.00 - 8:30pm Training		28th October Doncaster Encouragement Meet
4		30th October 6.00 - 7.30am Training	31st October 6:30 - 8:00pm Training		2nd November 7.00 - 8:30pm Training		
5		6th November Public holiday No Training	7th November 6:30 - 8:00pm Training		9th November 7.00 - 8:30pm Training		11 November Metro Junior Dolphins Meet
6		13th November 6.00 - 7.30am Training	14th November 6:30 - 8:00pm Training		16th November 7.00 - 8:30pm Training		18th November Street Life
7		20th November 6.00 - 7.30am Training	21st November 6:30 - 8:00pm Training		23rd November 7.00 - 8:30pm Training Committee Meeting		
8		27th November 6.00 - 7.30am Training	28th November 6:30 - 8:00pm Training		30th November 7.00 - 8:30pm Prizegiving		
9		4th December 6.00 - 7.30am Training	5th December 6:30 - 8:00pm Training		7th December 7.00 - 8:30pm Training		
10		11th December 6.00 - 7.30am Training	12th December 6:30 - 8:00pm Training		14th December 7.00 - 8:30pm Training		
11		18th December 6.00 - 7.30am Training	19th December 6:30 - 8:00pm Training		21st December No Training		29th December Road to Kardinia

Happy holidays see you back on the Tuesday, 29 January 2019 onwards.



COMMUNITY GROUP REWARD PROGRAM

Hand in this voucher at the box office when you purchase a ticket and earn 1 POINT for your group.

GROUP NAME/STAMP:

Sunbury Swimming Club
PO Box 400 Sunbury Vic 3429
Recognised Community Groups only

One coupon per paid ticket.



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