



# Sunbury Amateur Swimming Club

## Term 3, 2017 Newsletter

### General Information

#### WELCOME to New and Returning Swimmers

#### MEETINGS

PLEASE Come and join us at our meetings. Between 6:45 and 7:15.

Have a cupper with us or let us know if:

There is anything on your mind,

If you have any ideas to improve the club.

If you just want to see how it all runs.

See Calendar on our Website or Newsletters for Dates

#### ALL VERY WELCOMED

**Club Registration** are due by the 21<sup>st</sup> July, 2017 (see pages 4)

**Swim Vic Registration** are due by the 1<sup>st</sup> July, 2017 (see page 4)

**Swimming/Training Fees** are due by the 21<sup>st</sup> July, 2017 (see pages 5)

**All fees MUST BE paid.** If you are unsure of what is outstanding, or, if you have queries. PLEASE See Anita on Pool Deck next Wednesday or Friday only or email [sunbury.amateur.swimclub@gmail.com](mailto:sunbury.amateur.swimclub@gmail.com)

#### CONDOLENCES

It was extremely sad to hear of the passing of our life Member William (Bill) MUIR last term. He will be sadly missed.

Our DEEPEST Condolences go out to his Loved ones.

#### TRAINING

As you know we take great care in training our swimmers, it is VERY IMPORTANT that the parents **DO NOT** approach the coach/s whilst the training is in session.

If you have any concerns please do not hesitate to contact a committee member.

Training sessions are programmed and interruptions cause delays.

If you need to speak to the Coach please see her before or after the session.

We do look forward to working with you to ensure that all of our swimmers are able to work towards achieving their goals, be that competing at a variety of competitions, achieving personal best times or maintaining a level of fitness.

#### CLUB CAPTAINS

Applications for Club Captains are commencing now

PLEASE go to our website and see what is required If you believe you are capable of fulfilling this role please Apply. See Committee Member first week back if you have queries.

#### SHORT COURSE CHAMPIONSHIPS

Please complete the Short Course Competition form on [page 6](#) and submitted to [sunbury.amateur.swimclub@gmail.com](mailto:sunbury.amateur.swimclub@gmail.com)

Or see a committee member prior or on the 28th July, 2017.

Sunday Dates are	13th August	20th August
	27th August	10th September
	17th September	

Be there at 4:45pm to set up for a 5pm Start Please.

Thanking you all, Happy Swimming and see you on pool deck.

Anita - SASC Treasurer

#### Club Website

[www.sunburyswimmingclub.org.au](http://www.sunburyswimmingclub.org.au)

#### Training Times

Tuesday 6.00-7.30am

Wednesday 6.30-8.00pm

Friday 7.00-8.30pm

contact us on

[sunbury.amateur.swimclub@gmail.com](mailto:sunbury.amateur.swimclub@gmail.com)

or

**0491 127 413**

Committee 2017/2018

<b>Club President</b>	Boulton O'KELLY
<b>Vice President</b>	Bengt THURÉE
<b>Secretary</b>	Linda MURATORE
<b>Treasurer</b>	Anita SANTIC
<b>Registrar</b>	Anita SANTIC
<b>Race Secretary</b>	Boulton O'KELLY
<b>Uniforms</b>	Caterina MURATORE
<b>Newsletters</b>	Anita SANTIC
<b>Website Support</b>	Mimas KEUBEKIAN
<b>GrievanceSupport</b>	TBA
<b>General Committee</b>	Jim O'ROURKE Paula SATCHWELL Andrea SMAJILA Juliette O'KELLY Robyn Wilkins Mimas KEUBEKIAN Caterina MURATORE Cheryle JACKSON
<b>Head Coach</b>	Karen GARRARD
<b>Jnr Coach Assist</b>	Abbey MOORE

#### 2017/18 CLUB CAPTAINS

TBA

#### COMPETITIONS/CLUB NIGHTS

Boulton O'KELLY

Email:

[sunbury.amateur.swimclub@gmail.com](mailto:sunbury.amateur.swimclub@gmail.com)

Please Pay Fees by:

#### Bank deposit

Sunbury Amateur Swimming Club

Bank: Westpac

Account No.: 132 173

BSB: 033-118

**Please place swimmer's name in transaction details**

If you are unable to do online banking

Please make Cheque payable to

Sunbury Amateur Swimming Club

#### Post to

Sunbury Amateur Swimming Club Inc.

P.O. Box 400 Sunbury 3429

#### COMMITTEE MEETINGS:

Everyone Welcome

Next Meeting @ Club Rooms

**Monday 17<sup>th</sup> July, 2017**

See Calendar on website for other meeting dates

#### 2017 - State School Term Dates

Term 1 - 31<sup>st</sup> January - 31<sup>st</sup> March

Term 2 - 17<sup>th</sup> April - 30<sup>th</sup> June

**Term 3 - 11<sup>th</sup> July - 22<sup>nd</sup> September**

**Term 4 - 9<sup>th</sup> October - 22<sup>nd</sup> December**

## President's Report - 2017 - Term 3

I look forward to seeing all new and returning swimmers for Term 3 2017

I would like to give a very warm welcome to our new committee, who will be, working hard behind the scenes for the next 12 months, to keep our club going.

It was a great turnout at the AGM/Presentation Night

I would like to thank all members and families who attended.

Well done to all swimmers who swam at the Long Course Championships.

Congratulations to all trophy winners, to all who achieved their PB's & to our Club Champions.

Girls 2017 Long Course Club Champion - Jasmine THURÉE

Boys 2017 Long Course Club Champion - James BOLAND

We are starting off a new financial year, with a new committee and a number of challenges to overcome. As a community club we rely on our swimmers and parents heavily to keep our club moving forward and improving. Over the coming 12 months we will be focusing on our swimmers.

The coach together with the committee will also investigate meets that we can attend as a club,

These meets are not compulsory for the swimmers, but can be fun days out. Even if your child does not wish to compete in interclub meets they may find it fun to attend as a spectator and cheer on the other swimmers and see what the events are all about.

Last of all we are a swimming club that requires swimmers, thus if your child/children have any friends that may be interested in swimming please try to convince them to come along to and try out our training or club nights and then hopefully join the Sunbury Amateur swimming Club, the more members we have the more we can do as a club and the more enjoyable we can make it for all.

Please remember we also have our club website which you can find information on.

<http://www.sunburyswimmingclub.org.au/>

Boulton O'KELLY

SASC President

## Coaches Corner 2017 Term 3

Welcome to this our first new edition of our newsletter for the start of 2017/2018 Swimming Season!

Firstly **welcome** to our new swimmers and also to our returning members. I am the Head Coach of our Club and hope to assist you with your swimming, skill development and competitions, if you would like to attend them.

This Term we have our Clubs Short Course Championships, Meets at other clubs for Competitive Swimmers and Encouragement Meets which are for ALL swimmers so, give it a go. If you wish to compete in any swimming competitions please let me know. We are here to help you achieve your goals. I will be monitoring your progress and grade you appropriately.

I have chosen 2 meets which I would like you to attend in the next month.

***My suggestions for UPCOMING MEETS (Optional)***

Melton Swimming Club Short Course Meet at Broadmeadows on Sunday 6<sup>th</sup> August, 2017 (Competitors only)

Metro West Swim Vic Super Hero Encouragement Meet on Sun 20<sup>th</sup> August 2017 (All Swimmers 10 and under)

**Please see me (before or after training) or a Committee member if you are interested in competing in the above meets.**

**Other meets are on the Swimming Victoria Website**

We will also be having some fun club night activities as well as this year's proficiency events run by Metro West, (Date to be advised). So, ENJOY the last of your holidays and prepare for a seriously great term of swimming ahead!

Finally, Please REMEMBER to bring your own gear to training – including a drink bottle. Ask questions if you are unsure of anything going on in the club.

See you in the pool.

Karen GARRARD - SASC Head Coach

# Fundraising

Fundraising is an important aspect to keep our club financially viable and to keep our fees as low as possible.

The committee continues to work hard behind the scenes.

This Term we will focus on the Community Lottery and Fathers Day Raffle

**Community Lottery:** If you have not returned the lottery tickets please return them in the first week back at swimming. If you are able to sell more tickets especially at work please let a committee member know  
If you are new and did not receive any tickets please see a committee member on pool deck. They will have a lanyard around their neck.

**Father's Day Raffle:** We will need donations for the raffles. So, if you have new gifts lying around which are not to your liking but others may like, or, you have doubles of, or, not your type of wine, **please** donate to the club. This can be anything like vouchers, wine, books, chocolate, aftershave, or anything appropriate for a male.  
If you know of a business who can donate anything (golf set, hampers etc) please let us know and we can thank them in our next Newsletter.

If you have time to help out the committee in finding donations please let one of them know.

If you know of a business which can make a financial donation to our club also please let us know and we can advertise their business on our website.

Donation Letters can be obtained by a Committee Member if required to give to businesses.

**Every little bit helps. THANKS HEAPS.**

**Reading Cinema Tickets:** **Please print the form on Page 8** and cut them up into coupons and place them on your fridge.  
Whenever you go to the movies at Reading Cinema in Sunbury PLEASE hand in one of the coupons for each ticket purchased and make sure that you give us your used tickets.  
The more tickets we hand in the more chances we have to get free tickets donated to our swim club.

**So PLEASE make sure you hand in the coupons.**

# Uniforms

If you would like to purchase any of the Clubs Uniforms or Accessories, please see Paula on Wednesday Nights or Caterina on Friday nights or call Caterina on 0404 498 520.who will endeavor to help you with any enquires you may have.

***\*Please note: Uniform Regulations Apply to competitions, external and normal club meets, Club bathers, club swimming cap and T-Shirt/Polo Shirt must be worn. Hoodies and Zip up Jackets are optional.***

The Price List together with the Order Form is available on the Clubs Website.

**Please Note: Swimmers must come to training with Goggles, Flippers, Pull Buoy, Kickboards & a Drink Bottle. All Equipment must be labeled.**

## Club Registration 2017/2018

Club Registration is an **annual** fee which contributes to the costs of Club administration, trophies and awards, lifeguards, coaching and pool hire costs. The Club Registration is due within one month of joining, annually for existing members **EFFECTIVE: 1st July 2017 – 30th June.2018**

<b>1<sup>st</sup> Child</b>	<b>\$65.00</b>	<b>2<sup>nd</sup> Child</b>	<b>\$55.00</b>	<b>3<sup>rd</sup> Child</b>	<b>\$45.00</b>	<b>4<sup>th</sup> Child</b>	<b>\$35.00</b>
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## Swimming Victoria Annual Registration 2017/2018

EFFECTIVE: 1st July 2017 – 30th June.2018 All members are required to pay an annual registration fee to our governing body, Swimming Victoria. (This includes insurance). All swimmers, coaches, committee members and officials must re-register each year in order to have current membership coverage so as not to be at risk. Unregistered swimmers are not permitted to compete in any sanctioned SVI meet. Swimmers can register as a competitive swimmer or a recreational swimmer.

Category	Description	Cost
Club	Affiliation (Paid by the Club)	\$200.00
Competitive Swimmer	Any member who competes in organised competition within or outside club e.g. Interclub, district, state, national competitions)	\$118.00
Transfer	If Transferring from or to another club	\$ 42.00
8 year old Junior Dolphin	Any member participating in Learn to Swim 8years of age	\$ 59.00
Recreational Swimmer	Any member participating in Learn to Swim or squad training with an affiliated Club but do not compete in organised competitions outside the club structure (this is a member that gets in the water)	\$ 85.00
Non-Swimmer	Any member who does not fall into the Swimmer or Recreational Swimmer category Registered Official or Life Member categories .e.g. Committee Members, Parents, Coaches, etc (These members do not go in the water) (Paid by the Club)	\$ 30.00
Life Members :	Life Members motioned by SASC Committee (Paid by the Club)	\$5.00

**Swimming Victoria is pleased to announce there will be no spectator fees charged at Swimming Victoria hosted events during the 17/18 season**

**Notes:**

- Swimming Victoria does not offer pro-rata or discounted fees for joining late in the season.
- Swimming Victoria fees are payable on top of the clubs fees.

## URGENT

Registration to Swimming Victoria must be paid before swimming commences so please go to their website and register in <https://vic.swimming.org.au/existing-members.html>

If you have any problems doing so please call Anita on 0438 308 724

Also: All swimmers **must** collect a Membership form **and** a Privacy Form from a committee member the first day back.

So parents/guardians, please, do not just drop the kids off in the first week come in meet the new committee, collect the relevant forms and if you can complete them on the day, even better.

After the forms have been handed out the committee will put the kettle on in the club rooms. You are all very welcomed to join them for a cupper and some chocolates.

# Swimming Fees -2017 Term 3

## FRIENDLY REMINDER

**Fees are due the first week of term. PLEASE.**

\$11 per session, paid as a term fee upfront. The number of weeks in a term is determined by the Victorian School term.

If swimmers swim more than 2 days a week or a family has more than 2 children swimming the following applies:

- o Family with 1 swimming member: 2 Sessions full price (\$11 a session); based on highest session count in the term, all extra sessions half price (\$5.50 a session)
- o Family with 2 swimming members: 4 Sessions full price (\$11 a session); based on highest session count in the term, all extra sessions half price (\$5.50 a session)
- o Family with 3 swimming members: 1st Session full price (\$11 a session), based on highest session count in the term, all extra sessions half price (\$5.50 a session)
- o Family with 4 swimming members: 1st Session full price (\$11 a session), based on highest session count in the term, all extra sessions half price (\$5.50 a session)

### Example Table

Family Size	Sessions per week			
	1	2	3	4
1	\$11	\$22	\$27.50	\$33.00
2	\$22	\$44	\$55.00	\$66.00
3	\$33	\$49.50	\$66.00	\$82.50
4	\$44	\$66.00	\$88.00	\$110.00
5	\$55	\$82.50	\$110.00	\$137.50
	Full price sessions			
	Half Price sessions			

*If you are having any difficulties what so ever PLEASE DO NOT HESITATE to contact a committee member.*

*The following are the dates for training and fees associated with dates for 2017 Term 3.*

Days	No of session in the term	COST FOR TERM
Tuesday 6:00am - 7: 30am	10	\$110
Wednesday 6:30pm - 8:00pm	10	\$110
Friday 7:00pm - 8:30pm	10	\$110

**Please Note: If you cannot attend a lesson it is up to the individual to make up the lesson on an alternative swim day, within that term, and to advise the Committee member taking attendance and the coach, that it is a makeup lesson. No fees are refunded for days missed.**

**Payments can be made payable directly to the clubs account as per page 1 of this newsletter.**

*Please note the swimmer's surname and Description in the transaction details so we can identify who made the payment. E.g. JONES T-LCT1 = Tom JONES-Long Course. Term1*

*JONES T-FeesT1= Term 1 Fees, for Tom Jones UF = Uniform etc*

*A follow up email to the treasurer would be appreciated if you are able to do so.(to the clubs Gmail please)*

*A receipt can be forwarded **at your request.***

*If you cannot pay Direct or by Cheque... a committee member will be available for cash payments and any other queries you may have on most Wednesday or Friday Evenings at the beginning of the session.*

*An email to the committee will insure that a committee member is available.*



**SUNBURY AMATEUR SWIMMING CLUB INC.**

**2017 SHORT COURSE CLUB CHAMPIONSHIPS**

*Held over 5 sessions*

Session 1: Sunday 13th August 4.45pm

Session 2: Sunday 20th August 4.45pm

Session 3: Sunday 27th August 4.45pm

**Please note:** Fathers Day on the 3<sup>rd</sup> September **no club night**

Session 4: Sunday 10th September 4.45pm

Session 5: Sunday 17th September 4.45pm

**SWIMMERS NAME:** \_\_\_\_\_ **AGE AS AT 13/08/2017:** \_\_\_\_\_

Event No	Date	Stroke	Distance	AGE	Tick If Swimming
<b>SESSION 1 - 4.45pm Sunday 13<sup>th</sup> August 2017</b>					
1	13/08	Individual Medley	400	Open	
2	13/08	Breast	25	8 & Under	
3	13/08	Breast	50	Age	
4	13/08	Back	25	8 & Under	
5	13/08	Back	100	Age	
6	13/08	Freestyle	200	Open	
<b>SESSION 2 - 4.45pm Sunday 20<sup>th</sup> August 2017</b>					
7	20/08	Freestyle	400	Open	
8	20/08	Breast	100	Age	
9	20/08	Back	50	Age	
10	20/08	Butterfly	200	Open	
<b>SESSION 3 - 4.45pm Sunday 27<sup>th</sup> August 2017</b>					
11	27/08	Individual Medley	200	Open	
12	27/08	Freestyle	25	8 & Under	
13	27/08	Freestyle	100	Age	
14	27/08	Back	200	Open	
15	27/08	Butterfly	25	8 & Under	
16	27/08	Butterfly	50	Age	
<b>SESSION 4 - 4:45pm Sunday 10<sup>th</sup> September</b>					
17	10/09	Butterfly	100	Age	
18	10/09	Freestyle	50	Age	
19	10/09	Breast	200	Open	
20	10/09	Freestyle	800	Open	
<b>SESSION 5 - 4:45pm Sunday 17<sup>th</sup> September</b>					
21	17/09	Individual Medley	100	Age	
22	17/09	Freestyle	1500	Open	

**ENTRY FEE:** \$8 PER EVENT UP TO 7 EVENTS, \$56 FOR 7 OR MORE EVENTS.

**Cheques to be made payable to Sunbury Amateur Swimming Club Inc.**

**CLOSING DATE:** ALL entries **MUST BE** Submitted to Boulton O'KELLY by Friday 28<sup>th</sup> July, 2017.  
[sunbury.amateur.swimclub@gmail.com](mailto:sunbury.amateur.swimclub@gmail.com)

**NO LATE ENTRIES WILL BE ACCEPTED**





## TERM 3- 2017 CLUB TRAINING & EVENTS CALENDAR

Wk	M	Tuesday	Wednesday	Th	Friday	Sat	Sunday
1		<b>18<sup>th</sup> July</b> 6.00 - 7.30am Training <b>Committee Meeting</b>	<b>19<sup>th</sup> July</b> 6:30 - 8:00pm Training		<b>21<sup>st</sup> July</b> 7.00 - 8:30pm Training		
2		<b>25<sup>th</sup> July</b> 6.00 - 7.30am Training	<b>26<sup>th</sup> July</b> 6:30 - 8:00pm Training		<b>28<sup>th</sup> July</b> 7.00 - 8:30pm Training		
3		<b>1<sup>st</sup> August</b> 6.00 - 7.30am Training	<b>2<sup>nd</sup> August</b> 6:30 - 8:00pm Training		<b>4<sup>th</sup> August</b> 7.00 - 8:30pm Training		
4		<b>8<sup>th</sup> August</b> 6.00 - 7.30am Training	<b>9<sup>th</sup> August</b> 6:30 - 8:00pm Training		<b>11<sup>th</sup> August</b> 7.00 - 8:30pm Training		<b>13<sup>th</sup> Aug</b> <b>Short Course</b> <b>C/Ship</b> <b>4:45pm</b>
5		<b>15<sup>th</sup> August</b> 6.00 - 7.30am Training	<b>16<sup>th</sup> August</b> 6:30 - 8:00pm Training		<b>18<sup>th</sup> August</b> 7.00 - 8:30pm Training		<b>20<sup>th</sup> Aug</b> <b>Short Course</b> <b>C/Ship</b> <b>4:45pm</b>
6		<b>22<sup>nd</sup> August</b> 6.00 - 7.30am Training	<b>23<sup>rd</sup> August</b> 6:30 - 8:00pm Training		<b>25<sup>th</sup> August</b> 7.00 - 8:30pm Training		<b>27<sup>th</sup> Aug</b> <b>Short Course</b> <b>C/Ship</b> <b>4:45pm</b>
7		<b>29<sup>th</sup> August</b> 6.00 - 7.30am Training	<b>30<sup>th</sup> August</b> 6:30 - 8:00pm Training		<b>1<sup>st</sup> September</b> 7.00 - 8:30pm Training		<b>3<sup>rd</sup> September</b> <b>Father's Day</b> <b>NO SWIMMING</b>
8		<b>5<sup>th</sup> September</b> 6.00 - 7.30am Training	<b>6<sup>th</sup> September</b> 6:30 - 8:00pm Training		<b>8<sup>th</sup> September</b> 7.00 - 8:30pm Training		<b>10<sup>th</sup> Sept</b> <b>Short Course</b> <b>C/Ship</b> <b>4:45pm</b>
9		<b>12<sup>th</sup> September</b> 6.00 - 7.30am Training	<b>13<sup>th</sup> September</b> 6:30 - 8:00pm Training		<b>15<sup>th</sup> September</b> 7.00 - 8:30pm Training		<b>17<sup>th</sup> Sept</b> <b>Short Course</b> <b>C/Ship</b> <b>4:45pm</b>
10		<b>19<sup>th</sup> September</b> 6.00 - 7.30am Training	<b>20<sup>th</sup> September</b> 6:30 - 8:00pm Training		<b>22<sup>nd</sup> September</b> 7.00 - 8:30pm Training		

Happy holidays see you back on the 10<sup>th</sup> of October onwards



### COMMUNITY GROUP REWARD PROGRAM

Hand in this voucher at the box office when you purchase a ticket and earn 1 POINT for your group.

GROUP NAME/STAMP:

Sunbury Swimming Club  
PO Box 400 Sunbury Vic 3429

Recognised Community Groups only

One coupon per paid ticket.



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